

A lit candle in a white holder is the central focus of the image. The candle is lit, with a bright yellow flame. The holder is a simple, rounded white ceramic or plastic. In the background, there are purple flowers, possibly lavender, and a blurred cupcake. The overall lighting is warm and soft.

**Day by day
with God**

Rooting women's
lives in the Bible

Beautiful clothes

You must get rid of... anger, wrath, malice, slander... Do not lie to one another, seeing that you have stripped off the old self... and have clothed yourselves with the new self... As God's chosen ones, holy and beloved, clothe yourselves with compassion, kindness, humility, meekness, and patience... Above all, clothe yourselves with love.

When we become Christians, we put different clothes on a new body and walk out into the world in his name. Paul tells the Colossians, 'Whatever you do, in word or deed, do everything in the name of the Lord Jesus' (v. 17). It's easy to say, 'Be patient and gentle', but how do we become patient, for example, when it is not in our nature?

In a study, some students were given a list of vices and virtues and told to indicate whether they were good or bad. Simple enough, but is patience sometimes procrastination? Is anger ever righteous? When is slander just being honest? Second, they had to say whether the virtues were masculine or feminine. Buried in the lists were the biblical virtues of kindness, compassion, humility, gentleness and patience. The results varied, but the male students tended to say that these were feminine traits.



Rules and regulations

Do not let anyone judge you by what you eat or drink, or with regard to a religious festival, a New Moon celebration or a Sabbath day... Since you died with Christ to the basic principles of this world, why... do you submit to its rules: 'Do not handle! Do not taste! Do not touch!'

Had the Colossian Christians lost sight of the absolute centrality of Christ? Paul told them, 'Just as you received Christ Jesus as Lord, continue to live in him, rooted and built up in him' (v. 6), because there is no one else to build on, no other religion, ideology or philosophy. **1 of 2** The rules of religion become more important than serving Jesus?

There has always been a tendency for Christians to make lists of rules that they have to keep: don't swear, don't gamble, don't drink alcohol, don't shop on Sunday. When Christians from different cultures get together, they find that they have different rules: some drink, some don't; some think you have to speak in tongues, others don't; some wear hats, some don't. In Colosse, Jews and Greeks brought different rules into the church.

Perhaps the Greeks wanted to observe their culture's pagan festivals, and the





Day by day

with God

Rooting women's lives in the Bible

Contents**Browse****The BRF Prayer****The Editor writes...****Other BRF apps****Today's Reading****This Week's Readings****Rules and regulations**

... you by what you eat or drink, or with regard to a religious
 ... ration or a Sabbath day... Since you died with Christ to the
 ... world, why... do you submit to its rules: 'Do not handle! Do

... ans lost sight of the absolute centrality of Christ? Paul
 ... received Christ Jesus as Lord, continue to live in him,
 ... n' (v. 6), because there is no one else to build on, no
 ... or philosop... the rules of religion become more
 ... us?

1 of 2

... tendency for Christians to make lists of rules that they
 ... ar, don't gamble, don't drink alcohol, don't shop on
 ... from different cultures get together, they find that they
 ... e drink, some don't; some think you have to speak in
 ... ne wear hats, some don't. In Colosse, Jews and Greeks
 ... o the church.

... Perhaps... Greeks wanted to observe their culture's pagan festivals, and the





Rules and regulations

Do not let anyone judge you by what you eat or drink, or with regard to a religious festival, a New Moon celebration or a Sabbath day... Since you died with Christ to the basic principles of this world, why... do you submit to its rules: 'Do not handle! Do not taste! Do not touch!'

Had the Colossian Christians lost sight of the absolute centrality of Christ? Paul told them, 'Just as you received Christ Jesus as Lord, continue to live in him, rooted and built up in him' (v. 6), because there is no one else to build on, no other religion, ideology or philosophy. **1 of 2** The rules of religion become more important than serving Jesus?

There has always been a tendency for Christians to make lists of rules that they have to keep. Gamble, don't drink alcohol, don't shop on Sunday. When different cultures get together, they find that they have different rules; some don't; some think you have to speak in tongues, others don't. In Colosse, Jews and Greeks brought different rules.

Perhaps the Greeks wanted to observe their culture's pagan festivals, and the

